Views from host countries

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Abstract

The EFPT Brain Drain Project involved surveying psychiatry trainees within x countries across Europe to understand the attitudes to and experience of migration. Following analysis of the results it became clear that some countries appeared to be net donors whereas a few appeared as net hosts for psychiatry trainees. Our results showed that Sweden, Switzerland and the UK were all significant net hosts.

One of the main contributors as a ‘pull’ factor, assessed through the Brain Drain results, was unsurprisingly salary. It is notable that all three host countries were within the top two highest wage brackets within our survey. The percentage of immigrants varies from 28% in the UK to 70% in Switzerland.

Presented are the individual host country results, looking at common themes that appear to attract trainees to migrate to these countries. In addition, the attitudes and experiences of individual trainees are discussed to try to draw some conclusions from our survey sample. These results are then considered within the overall political and financial landscape to make some concluding remarks.