Views from donor countries

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Abstract

Introduction: Migration of highly skilled professionals to a better working and living environment is widely referred to as ‘brain drain’. This phenomenon is currently influencing the mental health care professionals living in Europe by leading them to relocate towards higher income countries within the EU. This work force migration highly influences the mental health services of donor countries.

Objectives: To identify migration attitudes and their underlying reasons among psychiatric trainees living in the donor countries in Europe, as identified in the Brain Drain research study, led by European Federation of Psychiatric Trainees in Albania, Bulgaria, Cyprus, Ireland, Latvia, Romania and Ukraine.

Method: This presentation will focus on the Brain Drain results from the donor countries.

Results: Past mobility experiences of psychiatry trainees seem to influence their attitude in favor of migration and increase the chances to leave their country of origin in the future. The most significant push factor is the financial one, whilst personal reasons seem to influence most trainees towards remaining in their country of origin. Trainees that express their intention to leave are significantly less satisfied with their income. Specific characteristics, patterns and reasons for migration of psychiatric trainees will be compared between the 7 donor countries.

Conclusions: Psychiatry trainees from donor countries display a positive attitude towards migration and similar patterns can be identified regarding their motives. However, some reasons seem country specific and heterogeneity occurs regarding the push and pull factors for migration.

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