The EFPT psychoactive substances use disorders (PSUD) study

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Introduction: Disorders due to psychoactive substance are considered by the World Health Organization as mental disorders, and therefore codified in ICD Classification of Mental and Behavioural Disorders. However, both the role of psychiatrists and trainees in the treatment of addiction and the practices used vary greatly among European Countries.

Objectives: We aim at understanding the attitude of psychiatric trainees towards people who use substances, the use of medications for treating patients with substance use disorders, if they feel confident and skilled to work in addiction psychiatry.

Methods: We drafted a 60 items questionnaire about: the attitude of trainees towards PSUD, PSUD pharmacologic treatment, best practices used, structuration and satisfaction about PSUD training; with the aim of having questionnaires filled out by 40 psychiatric trainees (both from General Adult and Child and Adolescent) per country, in about 20 EFPT partner countries (sample expected population of 800). One national coordinator per country will help in delivering the questionnaires and collect data on an online database.

Discussion and Conclusions: So far we enrolled national coordinators from: Italy, Croatia, Estonia, Lithuania, Portugal, United Kingdom, Germany, Greece and Poland. We still need to reach coordinators from other 11 EFPT partner countries to fulfil the above criteria and start the study. This survey will be the first to explore European psychiatric trainees attitudes and practices about PSUD. Findings from this independent and low-cost survey may serve in understanding the needs of trainees in the field of addiction psychiatry, and about the organization of such training across Europe.

Supplementary material: Complete presentation available at http://ijcnmh.arc-publishing.org


Abstract

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