Past and future of Training, Investigation and Intervention in CAP

Pedro Monteiro


Abstract

Child and Adolescent Psychiatry is among the most fascinating fields of medicine.

One of the most attractive factors in the rewards of working with children and families is the satisfaction of helping them to return to a healthier developmental stability.

Mental health problems are expected to increase and psychiatrists are at the forefront of helping society to engage in best solutions.

As we are at the front line of many problems and pathologies of children and adolescents we are in a unique position for intervention.

According to this I have selected two main topics to discuss: (1) The early identification of children and adolescents at risk for schizophrenia and the Duration of Untreated Psychosis (DUP); (2) The psychotherapies.

Progress in Child and Adolescent Psychiatry is based on the developments of psychology and neuroscience in a way that involves non-confrontational integration of biomedical and biopsychosocial models. This uses a combined practice of psychotherapy and psychopharmacology; we must continue to distinguish our practice from that of a “neurobiological prescriber” so as to prevent our discipline from merging with neurology.

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